

Portia Ijidakinro iShape Brows & Permanent  
Makeup

## Aftercare Instructions – Caring for the Procedure Area

*After care is very important to keep the procedure area healthy and free of infection.*

### A+ Ocean Removal Client After-Care

**It is critical to follow all aftercare instructions to prevent complications, scarring and to achieve optimum results. Please read carefully.**

1. **KEEP AREA CLEAN** and open to the air. Do not cover with a Band-Aid or anything else, leave open to air. Air/oxygen provides good and faster healing. You should not be touching the area at all but if you find yourself needing to please make sure your hands are exceptionally clean.
2. **DO NOT SOAK** the treated area in water. You can shower as normal but keep the area out of the shower spray the best you can and do not let the area stay wet for more than a few minutes. **NO Soaking in water** or the scab will get destroyed
3. **NO BATHING**, SWIMMING, SAUNAS, HOT TUBS, TANNING, OR INTENSE EXERCISE.
4. **DO NOT** disrupt the scabbing process (i.e. no picking, scratching, etc.) All scabbing needs to fall off naturally. If you force or pick a scab off, you will disrupt the process and possibly cause scarring.
5. **TREAT AREA WITH TLC.** The edges can be wiped clean from any dripping blood, the site should be left alone and not get wet for 24 hours. Once the scab is formed bathing is normal but wash the area gently with the fingers and soap and rinse. Keep the area clean and absolutely **no creams, nothing applied leave it alone**. If it itches and it is a safe area other than around the eyes dab with a little alcohol.
6. **ONCE ALL SCABBING HAS NATURALLY FALLEN OFF**, apply one drop A+Ocean After Care or Vitamin E Oil twice per day throughout the day every day for a minimum of 4 weeks, or until next lightening or removal session. **DO NOT start applying the A+Ocean After Care or Vitamin E oil UNTIL all scabbing has completely fallen off.** It is our goal to keep the area as dry as possible until all scabs have naturally fallen off.
7. **LIPS (Liner Only)** please drink all liquids with a straw until all scabbing has naturally fallen off. No whitening, no peroxide toothpastes should get on the scab.  
Cut food into small bites....no biting into a sandwich. Try to keep mouth expressions to a minimum.  
- It is important to the process and integrity of the skin that 4 full weeks of healing take place before another lightening session can be done. **No exceptions**  
  
- Lightening and/or removing unwanted pigment is a process and patience is required. This is true whether you are choosing any method or product, surgery or laser.

Please be patient and give the process a fair chance to work. Expect visible and wanted results in 3 to 6 sessions.

**How many sessions needed will depend on how saturated the pigment is, how deep it was implanted and how much needs to be removed for the desired result. In many cases only a percentage of the density needs to be lightened/removed and then we can continue the correction process by color correcting.**

In those cases, where we have pigment misplaced or in an unwanted area, color correcting will not be an option and removing as much of the pigment as possible will be our ultimate goal. No creams or chemicals should be used during the healing process.

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Serious medical issues are uncommon. However, if an infection or adverse reaction occurs at the site of the procedure area, contact your personal physician for treatment and report to SNHD special programs at (702) 759-0677.